

## Core Unit Assignment - Assertiveness – Entry 2

Learner's Name:	
Registration Number:	
<b>Learner's Declaration</b>	
I certify that the work submitted for this unit is my own:	
<b>Signed:</b>	<b>Date:</b>

THE FOLLOWING SECTIONS TO BE COMPLETED BY THE ASSESSOR

Centre Name:	
Centre Number:	

Please note that the assessor's signature below denotes confirmation that he / she has in no way influenced the outcome of the assessment.

Assessor's Name:	
Assessor's Signature	
Has the unit been Internally Verified?	Y / N

If the learner has had any assistance during the test, please state the nature of the assistance and who provided it.

TASK	Date completed
1	
2	
3	
4	
Unit Completed	

## Assertiveness – Entry 2

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This assignment enables you to demonstrate that you can:

- Understand that feelings are linked with certain behaviours.
- Express your views confidently in a straightforward situation.

### Task 1

Identify the changes that may take place in your body language, face and voice when you are happy, sad, confident, shy and angry.

### Task 2

Discuss how you might recognise when another person is feeling happy, sad, confident, shy and angry. Give an example to show each emotion, using your own experiences where possible.

### Task 3

Identify the ways that people talk and act to change the way someone else feels. Give three examples from everyday situations.

### Task 4

Show how you would indicate your personal viewpoint to others in a situation you know about or one of the examples provided by your tutor.

**At the end of this assignment you must hand in:**

Task	Evidence
1	A record of changes that may take place
2	A descriptive record of emotions with examples
3	A list of ways people talk and act, with three examples
4	A record of your personal viewpoint in given situation

## Assertiveness – Entry 2

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**FOR TUTOR GUIDANCE ONLY** – Not for Issue to the learner

Task	Assessment guidance – the learner must
1	Show an awareness of the changes that may take place linking body language, verbal and facial expression to feelings and behaviour.
2	Show understanding of a range of emotions expressed by others in own experiences (where possible).
3	Be able to identify ways in which people act to change the way that others feel. Three examples taken from everyday situations (their own, related to TV, current affairs, etc.)
4	Indicate own viewpoint – this could be written or demonstrated. Tutor will provide choice of simulation situations where learner has difficulty providing own example.

The above evidence will enable the learner to demonstrate that they can:

- Identify changes in behaviour when feelings change
- Identify some ways we recognise the feelings of others
- Understand ways that behaviour affects others
- Understand methods of asserting a viewpoint in a straightforward situation